

IRONHAWK
ENDURANCE

JUNIORS TRIATHLON CLUB

FREE
Summer
Program

**GIRLS
8-14**



MAKE FRIENDS. BECOME STRONG. HAVE FUN!

JOIN THE CLUB!

Wanted:
Girls 8-14 interested in
swimming, biking, running and fun!

**3-MONTH
TRIATHLON
PROGRAM**

**WEEKLY
WORKOUTS**
at various
Omaha
locations

STARTS
first week
of
JUNE

**Ends With
TRIATHLON
EVENT**
TBA early Sept.

We will
provide

- bikes
- helmets • shoes
- swimsuits
- goggles
- swim cap

»» COEUR

FIT *Girl* INC.



DiVentures
SCUBA AND SWIM CENTERS

juniors@ironhawkendurance.com
402-578-7039 or 402-598-4141

