

Join the Team!

Westside Community Schools

TEAMMATES[®]

MENTORING PROGRAM

Together We Transform Lives

What is a TeamMates Mentor?

A TeamMates Mentor is someone who provides a young person with support, friendship, and a positive example. TeamMates Mentors want to help young people reach their full potential.

Mentors come from a every walk of life. As long as you can give one hour per week and have the willingness to share your gifts and talents, you can be a mentor.

Positive Impact

Grades Attendance Behavior

- ✔ Students report greater engagement with their school when mentors focus on strengths in their mentoring relationship.
- ✔ Peer and parent relationships improve as well as resiliency to the pressures of drug and alcohol use.
- ✔ Not only does TeamMates increase students grades, attendance, and behavior, but most importantly their sense of hope.



How much time will it take?



One Visit a Week. A visit might be 30 minutes to an hour depending on the school day. We ask for a minimum of a three year commitment to build a positive, meaningful relationship with a student.

What do I do during mentor time?

Matches meet at school so you have a safe place to meet and are surrounded by resources.

- Take time to talk
- Work on a puzzle
- Play a game
- Surf the net
- Share a hobby

What are the benefits?

Both youth and mentors benefit from the mentoring relationship. Youth benefit by receiving encouragement and guidance from a caring adult. Mentors report building a sense of morale, teamwork and productivity.

To learn more, go to [teammates.org!](http://teammates.org)

Board Members

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